



Y O G A V I L L E

TERM BREAK TIMETABLE APRIL 8 – 21 2019

MONDAY APRIL 8, OPEN LEVEL 6.30PM – 8PM

TUESDAY APRIL 9 , *PERSONAL PRACTICE 6AM-7.30AM

WEDNESDAY APRIL 10, OPEN LEVEL 6AM-7.30AM

FRIDAY APRIL 12, OPEN LEVEL 10AM-11.30AM

SUNDAY APRIL 14, *PERSONAL PRACTICE 4PM-5.30PM

MONDAY APRIL 15, OPEN LEVEL 6.30PM – 8PM

TUESDAY APRIL 16 , *PERSONAL PRACTICE 6AM-7.30AM

WEDNESDAY APRIL 10, OPEN LEVEL 6AM-7.30AM

FRIDAY APRIL 19, OPEN LEVEL 10AM-11.30AM

SUNDAY APRIL 21, *PERSONAL PRACTICE 4PM-5.30PM

All Classes are \$27 Casual – no bookings required. All Term Break Classes are included in our unlimited membership

***Personal Practice** is \$5 for members and \$10 for non-members. Minimum 9 months Iyengar Yoga required. The studio is open for to engage in your personal practice having access to all the studio facilities and props. Whilst sometimes a teacher or teacher trainee may be on hand, they will not be directing your time at the studio. You need to be self-reliant but there are sequences available for you to follow if needed. Open practice is not a class, students practice on their own independently. Please observe all studio standard etiquette during these sessions including leaving the space swept and clean and tidy.